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### **Go one street back from the main restaurant strip**

Opting for restaurants one street back from the bustling main restaurant strip can offer a quieter and more memorable dining experience, as they often rely on return customers and prioritise food, service, and ambience. Main strips tend to have more pedestrian and vehicle traffic as well as higher rent costs. This leads to louder music and faster turnover tactics. But, venturing into residential neighbourhoods may unveil cozy, local eateries.

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### **Avoid tourist regions**

Just like above, they tend to be busier and noisier and have high overheads they need to make up for by employing marketing tactics.

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### **Try Vegan / Vegetarian**

These restaurants often promote a more tranquil atmosphere. Vegetarian and vegan restaurants tend to attract patrons seeking a more serene dining experience. These establishments often promote a healthier and quieter atmosphere.

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### **Whisky and Wine bars are quieter than other bars**

Wine bars that serve small plates or tapas alongside their wine selections often create a sophisticated and relaxed atmosphere conducive to quiet conversation.

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### **Teahouses**

Particularly those serving Asian or European-style teas and light snacks typically provide a calm and peaceful atmosphere.

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### **Farm-to-Table restaurants**

These prioritise locally sourced ingredients and seasonal menus and often offer a laid-back and peaceful dining experience.